

Little Lady Softball League

Rules and Expectations

Updated 1/14/2010

1. These are the rules for the league. Every team is expected to play by them. If you have a recommendation for a rule change, e-mail it to me and it will be taken into consideration for the next season.
2. This is a 10U league. Athletes must be 10 years of age or younger on December 31st, 2009 to be eligible for this league.
3. Each team must carry to all games the official LLSL roster sheet with each player's name, DOB on December 31st, 2009 signed by a school official.
4. There are no walks. After the 4th ball, the hitting team coach will pitch soft-toss from the front of the hitter. If the girl does not put the ball in fair play after 3 pitches, the batter is out.
5. The hitters will start with 1 ball and 1 strike.
6. There are no stealing bases or advancing on passed balls by the catcher.
7. Runners are allowed to attempt an advancement of one base on an overthrow.
8. Leading off is encouraged, but the runner can not leave the base until the ball leaves the pitchers hand.
9. You may play with a maximum of 10 players on the field.
10. Bunting is legal and is encouraged.
11. The home team will supply an umpire (does not need to be ASA certified). Umpire will stand behind the pitcher.
12. Live pitching will be performed for the entire game.
13. Maximum of 5 runs scored per ½ inning and the ½ inning immediately ends. Any other runs will not count.
14. The Hoffman Rule (all members of the team bat) must be used.
15. Games are played on Wednesday nights starting at 6:00 pm.
16. Two 5 inning games (60 minute time limit) are played each night. No new inning will start after 60 minutes.
17. Official ball size is 11" (any brand of ball may be used)
18. Pitch distance must be from 35' marked with a pitching plate
19. Bases should be set at 60'
20. Batters, base runners, players on deck, and any players coaching a base must wear protective helmets.
21. The infield fly rule does not apply.
22. This league is designed to develop the fundamentals of the game. Coaches are encouraged to take time to coach your athletes. If you would like to stop action and replay a situation, you are allowed to do so. Education of the game is what the parents, coaches, and athletes want.
23. ASA softball rules for catches, tags, base running, and hitting apply.

This document was created with Win2PDF available at <http://www.win2pdf.com>.
The unregistered version of Win2PDF is for evaluation or non-commercial use only.
This page will not be added after purchasing Win2PDF.